

# FREE Month Training

Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men Women & Children

Ashburton - Bovey Tracey – Chudleigh – Dawlish – Moretonhampstead - Newton Abbot - Teignmouth

Thank you for your interest in Tae Kwon-Do classes in the Ashburton area.

I would like to take this opportunity to personally invite you to **One Month's Free Trial** at your local TAGB Tae Kwon-Do School.

## What do I need for my first lesson?

- Comfortable clothing – we suggest tracksuit bottoms and a t-shirt
- A drink in a sealable/sports bottle
- The first lesson questionnaire(attached)



## How do I find out more?

- During your free training sessions you will be given the opportunity to read the Instructor's Portfolio.
- After a couple of weeks we will send you an enrolment pack. This contains all the information you need in order to become a member of MartialArts4Fun.
- If you have any questions please do not hesitate to ask the instructors or senior students.



We look forward to seeing you soon.

Peter O'Neill 6<sup>th</sup> Degree Black Belt  
Senior Instructor TAGB Tae Kwon-Do  
Tel: 0771 8750390

Your Local TAGB Tae Kwon-Do School	ASHBURTON	
<b>Training Venue</b>	<b>The Ashmoor Recreation Centre</b> Balland Lane Ashburton Devon TQ13 7EW	
<b>Training Times: Junior/Family Tae Kwon Do</b>	6:00 - 7:00pm	Wednesday (Gym)
<b>Training Times: Senior/Adult Tae Kwon Do</b>	7:00 – 8:00pm	Wednesday (Gym)
<b>Notes:</b> These classes are suitable for beginners and existing Tae Kwon-Do students		

Training available 6 days a week

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## FIRST LESSON QUESTIONNAIRE:

Thank you for taking an interest in this TAGB Tae Kwon-Do School.  
Before you take part in any lesson you **MUST** complete the following questionnaire **FULLY** and hand in to the school instructor at your first FREE lesson.

Student's Full Name		
Full Address including postcode		
Emergency Contact Number		
Email Address		
How did you hear about TAGB Tae Kwon-Do?	T . A . G . B .	
Have you done any martial art training before? If yes please give details	TAE KWON-DO	
Is there any known medical reason why you should not take part in a Tae Kwon-Do lesson?	INTERNATIONAL	
Do you suffer from any of the following? HEART DISORDER / ASTHMA / MIGRAINE / EPILEPSY / DIABETES / NERVOUS DISORDER / HAEMOPHILIA / HAY FEVER / Any others.....		
If YES please give details:		
Signed	Date of first FREE lesson	
Parents to sign if student under 16 years of age		