

# FREE Month Training

Martial Arts - Tae Kwon-Do - Self Defence - Kickboxing Training - For Men Women & Children

Ashburton - Bovey Tracey – Chudleigh – Dawlish – Moretonhampstead - Newton Abbot - Teignmouth

Thank you for your interest in Tae Kwon-Do classes in the Chudleigh area.

I would like to take this opportunity to personally invite you to **One Month's Free Trial** at your local TAGB Tae Kwon-Do School.

## What do I need for my first lesson?

- Comfortable clothing – we suggest tracksuit bottoms and a t-shirt
- A drink in a sealable/sports bottle
- The first lesson questionnaire(attached)



## How do I find out more?

- During your free training sessions you will be given the opportunity to read the Instructor's Portfolio.
- After a couple of weeks we will send you an enrolment pack. This contains all the information you need in order to become a member of MartialArts4Fun.
- If you have any questions please do not hesitate to ask the instructors or senior students.



We look forward to seeing you soon.

Peter O'Neill 6<sup>th</sup> Degree Black Belt  
Senior Instructor TAGB Tae Kwon-Do  
Tel: 0771 8750390

| Your Local TAGB Tae Kwon-Do School   | CHUDLEIGH  |                      |
|--|--|----------------------|
| Training Venue   | Chudleigh Community Primary School<br>Lawn Drive<br>Chudleigh<br>Devon<br>TQ13 0LS |                      |
| Training Times: Age 3 years and Families   | 6:00 - 7:00pm  | Monday (School Hall) |
| Training Times: Age 13 years and Above   | 6:00 – 7:00pm  | Monday (School Hall) |
| <b>Notes:</b> These classes are suitable for beginners and existing Tae Kwon-Do students |  |                      |

Training available 6 days a week

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## FIRST LESSON QUESTIONNAIRE:

Thank you for taking an interest in this TAGB Tae Kwon-Do School.  
Before you take part in any lesson you **MUST** complete the following questionnaire **FULLY** and hand in to the school instructor at your first FREE lesson.

|  |                           |
|--|---------------------------|
| Student's Full Name  |                           |
| Full Address including postcode  |                           |
| Emergency Contact Number   |                           |
| Email Address  |                           |
| How did you hear about TAGB Tae Kwon-Do?   |                           |
| Have you done any martial art training before?<br>If yes please give details   |                           |
| Is there any known medical reason why you should not take part in a Tae Kwon-Do lesson?  |                           |
| <p>Do you suffer from any of the following?<br/>HEART DISORDER / ASTHMA / MIGRAINE / EPILEPSY / DIABETES / NERVOUS DISORDER / HAEMOPHILIA / HAY FEVER / Any others.....</p> <p>If YES please give details:</p> |                           |
| Signed   | Date of first FREE lesson |
| Parents to sign if student under 16 years of age   |                           |

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